

POOL HOURS

MONDAY

5:30 am – 7:00am	Lap Swim {Adults}
8:30 am – 9:30 am	Walkin' & Talkin'
9:30 am – 10:30 am	Water Fitness Aerobics
11:30 am – 1:00 pm	Lap Swim {Adults}
4:00 pm – 7:00 pm	Lap Swim {Adults}
5:45 – 6:30 pm	ZUMBAqua
7:00 pm – 8:30 pm	Recreation Swim {Family}

TUESDAY

11:30 am – 1:00 pm	Lap Swim {Adults}
4:00 pm – 7:00 pm	Lap Swim {Adults}
5:30 – 6:15 pm	Deep Water Aerobics
7:00 pm – 8:30 pm	Recreation Swim {Family}

WEDNESDAY

5:30 am – 7:00am	Lap Swim {Adults}
8:30 am – 9:30 am	Walkin' & Talkin'
9:30 am – 10:15 am	ZUMBAqua
11:30 am – 1:00 pm	Lap Swim {Adults}
5:00 pm – 6:30 pm	Lap Swim {Adults}

THURSDAY

11:30 am – 1:00 pm	Lap Swim {Adults}
4:00 pm – 7:00 pm	Lap Swim {Adults}
5:30 – 6:15 pm	Deep Water Aerobics
6:15 – 7:00 pm	ZUMBAqua
7:00 pm – 8:30 pm	Recreation Swim {Family}

FRIDAY

5:30 am – 7:00 am	Lap Swim {Adults}
8:30 am – 9:30 am	Walkin' & Talkin'
9:30 am – 10:30 am	Water Fitness Aerobics
11:30 am – 1:00 pm	Lap Swim {Adults}

SATURDAY

SUNDAY

9:00 am – 12:00 pm	Recreation Swim / Lap Swim	2:00 PM – 4:00 pm	Recreation Swim / Lap Swim
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