

POOL HOURS

MONDAY

5:00 am – 7:00 am	Lap Swim {Adults Only}
8:30 am – 1:00 pm	Lap Swim {Adults Only}
8:30 am – 9:30 am	Walkin' & Talkin'
9:30 am – 10:30 am	Water Fitness
10:30 am – 11:15 am	Deep Water Aerobics
5:00 pm – 7:00 pm	Lap Swim {Adults Only}

TUESDAY

5:00 am – 7:00 am	Lap Swim {Adults Only}
11:00 am – 1:00 pm	Lap Swim {Adults Only}
4:00 pm – 7:00 pm	Lap Swim/Family Swim
5:30 pm – 6:15 pm	Deep Water Toning

WEDNESDAY

5:00 am – 7:00 am	Lap Swim {Adults Only}
8:30 am – 1:00 pm	Lap Swim {Adults Only}
8:30 am – 9:30 am	Walkin' & Talkin'
9:30 am – 10:30 am	Water Fitness
10:30 am – 11:15 am	Deep Water Aerobics

THURSDAY

5:00 am – 7:00 am	Lap Swim {Adults Only}
11:00 am – 1:00 pm	Lap Swim {Adults Only}
4:00 pm – 7:00 pm	Lap Swim/Family Swim
5:30 pm – 6:15 pm	Deep Water Toning

FRIDAY

5:00 am – 7:00 am	Lap Swim {Adults Only}
8:30 am – 1:00 pm	Lap Swim {Adults Only}
8:30 am – 9:30 am	Walkin' & Talkin'
9:30 am – 10:30 am	Water Fitness
10:30 am – 11:15 am	Deep Water Aerobics

SATURDAY

9:00 am – 12:00 pm	Lap Swim/Family Swim
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SUNDAY

2:00 pm – 4:00 pm	Lap Swim/Family Swim
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01/01/18