

# **MOULTRIE YMCA GYMNASTICS BIRTHDAY PARTY RULES**

**\*\*All children must be signed in  
by a parent or guardian to participate!\*\***

- 1) Parents are encouraged to join their children on the gym floor, however, we ask you do not use the equipment. Our insurance prohibits anyone but students using the equipment.
- 2) Please watch your step as you walk across and over the mats, and especially the white border of the spring floor. Many mats are softer than others.
- 3) No gum, candy, or drinks past the rails or near equipment.
- 4) No jewelry, change or loose items in your child's pockets. These types of items are easily lost in the foam pit. The YMCA nor its staff are responsible for lost items.
- 5) No one is allowed on the high beams or high bars, or on the bar at the pit area.
- 6) No one is allowed on the vault unless the Instructor or Student helper is knowingly standing there to spot the gymnast.
- 7) No running in the gym, except in designated areas.
- 8) Do not attempt any skills by yourself unless the Instructor approves.
- 9) Only one person at a time on the trampoline or on the rope.
- 10) No Swearing, bullying, or fighting.
- 11) Please remember to clean up your party area and to observe the time, as another party may be scheduled after yours.
- 12) Once the gymnastics portion of your party ends, please do not allow your children back onto the gym floor or allow them on any equipment.
- 13) Please make sure your children are on their best behavior or they will be asked to leave.
- 14) Failure to adhere to YMCA and USA Gymnastics rules will result in the cancellation of the event/party as instructed by YMCA Staff. Children and adults not following YMCA and USA Gymnastics rules will be asked to leave; there will be no refunds.
  - ❖ YMCA Staff carries a whistle and when blown, STOP where you are and wait for the next instructions.

**I, the undersigned, understand I am responsible for my child and all attendants at the birthday party event. It is my responsibility to be sure children and adults observe the rules so everyone may have a safe and fun time. I have read and agree to the above Moultrie YMCA Gymnastics Birthday Party Rules.**

**Printed Name:** \_\_\_\_\_ **Event Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_